

John Gregory welcomed the new millenium in fine style with the first ascent of Y2K.

## CASCADE CIRCUS

A series of steep walls, 180 - 240 m high, with two prominent, black, water streaked lines, lying above War Zone and The Castle. In summer they remain in shade until midday. A short walk from the road (15min) leads to the foot of the walls. Do not attempt these routes if there is risk of heavy rain, as the climbs and the descent are exposed to flash flooding.

Descent is down the first deep gully to the north. The descent includes 3 rappels (20m, 20m 15m), some short sections of down climbing and scrambling. Near the foot of the gully, some 50m below the last rappel, traverse to the left and then down to avoid a final overhanging wall section (45min-1h.). It is possible to down-climb this gully in its entirety without the need for abseils, but with exposed sections of Difficult standard and awkward route-finding from above.

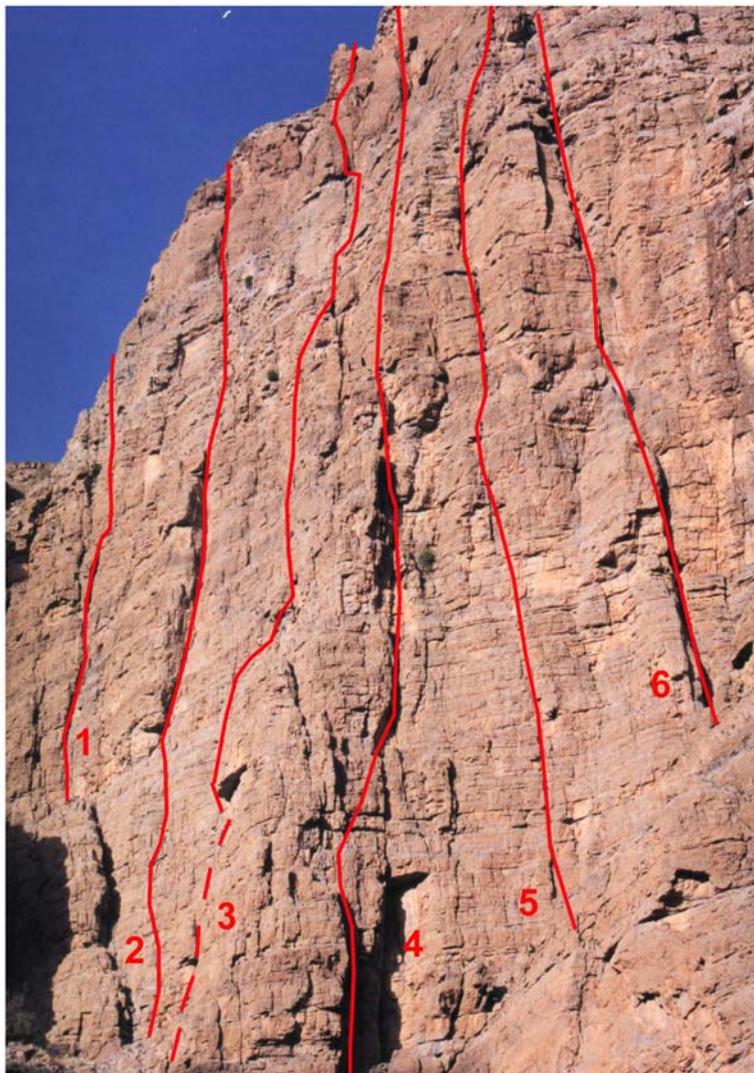
An easier but longer descent involves contouring further along the hillside to gain an easy angled gully, which leads back to the track opposite the right hand end of Teatime Crag.

The routes are described from left to right, starting at the deep descent gully.

**GOSHAWK 145m HVS** J Gregory, D McEnery 2001 May 17th  
Scramble up the gully to the first main ledge. Walk about 25 m right, to an obvious crack.

- 1 40m 4a Climb straight up the crack to a ledge
- 2 20m Continue more easily to a wide ledge
- 3 30m 4a Move slightly right into a shallow groove, left of a smooth yellow wall capped by a roof. Climb this to a ledge and belay below an overhang.
- 4 50m 4c Climb around to the left of the overhang, first up a crack then the wall on the right, moving back left towards a large tree below a corner with a wide crack.
- 5 25m 5a A good pitch. Climb the corner direct on very good rock. A slot in the right wall, and a lassooed chockstone provide early protection.

## FIRST CASCADE - LEFT WALL



1 Goshawk  
2 Wind Beneath my Wings  
3 Birds of a Feather  
4 Hawkeye  
5 Not So Obvious  
6 The Obvious Crack

**WIND BENEATH MY WINGS 165m HVS** J Gregory, D McEnery 2001 May 25th  
Starts just right of a wide easy angled crack towards the top of the scree slope.

- 1 30m Climb a narrow crack to the L of a roof. Step R above the roof and follow a crack to a wide ledge. Belay below R facing corner.
- 2 45m 5a Climb the corner direct on good rock, with one awkward section, to a small ledge.
- 3 20m 4b Continue up the corner to a good ledge.
- 4 20m Climb an easy crack that leads leftwards to another good ledge.
- 5 20m Continue up the crack behind into a wider crack to a good ledge.
- 6 30m 4c Follow twin cracks, which narrow at a bulge. Climb over this to a ledge then move rightwards into another crack with a loose looking hanging tongue of rock. Climb the crack to the top.

**BIRDS OF A FEATHER 180m VS** J Gregory, D McEnery 2001 June 4th  
Starts 10 metres to the right of the previous route, at an obvious crack.

- 1 30m Follow the left leaning crack, mainly on the left wall.
- 2 45m 4a Continue up a crack, to a ledge and belay.
- 3 20m Continue more easily up the crack to a wide ledge.
- 4 20m 4c There is a crack to the left, with an undercut flake crack on the right wall. Climb the flake and continue up into a corner with a bush, to gain a ledge.
- 5 25m 4b Continue up the crack line to a ledge and tree belay.
- 6 15m 4a Walk 10 metres left into a corner and climb the right hand crack to a ledge.
- 7 25m Climb easily up a crack, trending leftwards to the top.

**HAWKEYE 270m VS** J Gregory, D McEnery 2001 May 11th

Start at the lowest point of the left wall of the First Cascade. There is an obvious corner leading up to an overhang. The route starts about 7 metres to the left of the main corner.

- 1 35m 4b Climb the crack direct to a good ledge on the left.
- 2 40m Move up diagonally right for 10m then straight up and again right into a wide crack line which is followed to a ledge.
- 3 45m 4c Continue straight up the crack to a good ledge on the left.
- 4 30m 4c Climb up for 6m to a large detached block, step into a crack line on the right wall with difficulty and follow this to a wide ledge and belay below a crack line.
- 5 25m 4c Climb the crack, pass the overhang on the left, and up to good ledge.
- 6 45m 4b Continue up another crack to a ledge, then over an undercut and up past a small tree. Continue up diagonally leftwards to the bottom of an obvious corner with a large roof.
- 7 20m 4a Climb the off width crack for 6m before quitting it for an easier crack on the wall to the left the step back right into the top of the off width and up to a stance. (The off width can be climbed direct but is much harder)
- 8 35m Climb the crack behind the stance and continue to the top.

**NOT SO OBVIOUS 260m TD+ (HVS)**

A Fabre, B Wheeler 1998 May

This very serious and sustained route follows a thin crack line some 20m left of **The Obvious Crack** in the middle of the south face. In the upper section the second man is exposed to any loose rock dislodged by the leader.

- 1 45m: Follow the crack up to a small ledge (IV, V).
- 2 45m: Follow the crack upwards, which becomes very steep with some loose blocks, to a very small belay (V, V+, 1 peg).
- 3 45m: Pass a small roof on the right and follow the same crack line to a ledge (IV, V).
- 4 45m Continue up the corner above. (V).
- 5 40m Follow the crack line to a ledge below the last red band of rock IV, V
- 6 40m Traverse 5m left and climb a crack and then up some flakes to the top IV, V

**\*\*\*THE OBVIOUS CRACK 230m TD -**

A Fabre, B Wheeler 1998 January

The route follows an obvious crack/chimney system on the right side of the south facing wall, to the left of the black streaks

- 1,2 40m, 40m Climb the main crack line (IV, V) to reach a ledge.
- 3 40m: Follow the crack, which widens into a chimney with a large wedged block (V) belay on a ledge.
- 4 40m: Climb a thin parallel crack to the right of the main line (V) then move back to the main crack line.
- 5 40m: Traverse 5m to the left of the main crack to reach the foot of a long corner, parallel to the main crack line, climb this corner (V, V+) and move right to belay in a niche.
- 6 30m: Traverse obliquely left then climb vertically up to exit in a gully (IV, V). Follow the gully more easily to the top.

**\*\*CASCADE DIRECT 190m TD**

A Fabre, F Poltrioneri 1998 February

This route is in the middle of the west face. Start 3m to the right of the black cascade trace in the middle of the wall.

- 1 40m: Climb 10m diagonally left to reach a crack on the right edge of the black trace. Climb the crack (V, V+), with some black calcareous deposits at 15m, and continue to the right of the cascade on clean rock to a small terrace (V, IV).
- 2 50m: Follow a thin crack line which leads to a large ledge (V, IV), traverse 10m left across the cascade to belay in a corner.
- 3 50m: Climb a corner (V+) and the crack above it (V) up to a small terrace.
- 4 50m: Climb a crack diagonally leftwards (IV) to a terrace at the base of a fine corner, climb the corner (V) and exit on a large ledge. Move left, and follow an easy gully to the top (scrambling).

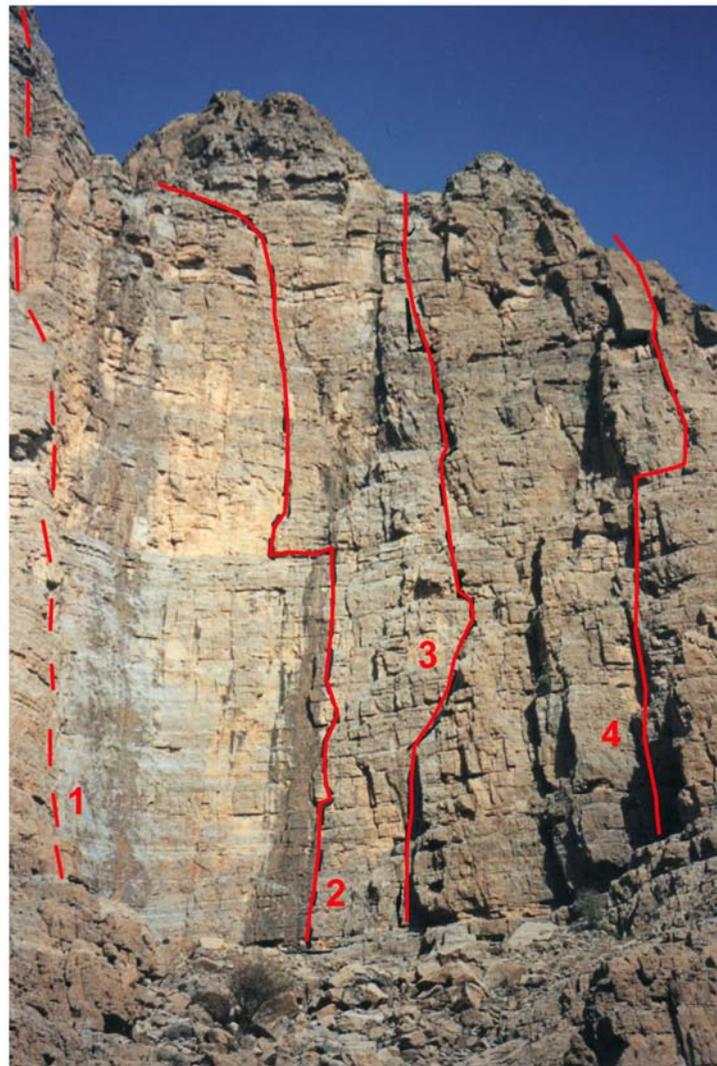
**\*FIRST APPROACH 190m TD -**

A Fabre, B Wheeler 1997 December

The original route of the Cascades area starts in a crack/chimney some 50m to the right of the main black trace of the cascade on the west wall.

- 1 40m: Climb this crack/chimney (IV, V) then follow an easy ramp (III).
- 2 40m: Continue a little further up the ramp then climb a thin crack (V) and follow a wider crack (IV+) to a ledge at the foot of a prominent corner/crack.
- 3 50m: Climb the corner crack (IV+, V).
- 4 25m: Continue up the crack to a ledge at the base of another corner.
- 5 35m: Climb this corner to a roof (V) traverse left below the roof up to the top ledge.
- 6 Follow the gully above (scrambling) to reach the top.

**CASCADE CIRCUS - MAIN CASCADE**

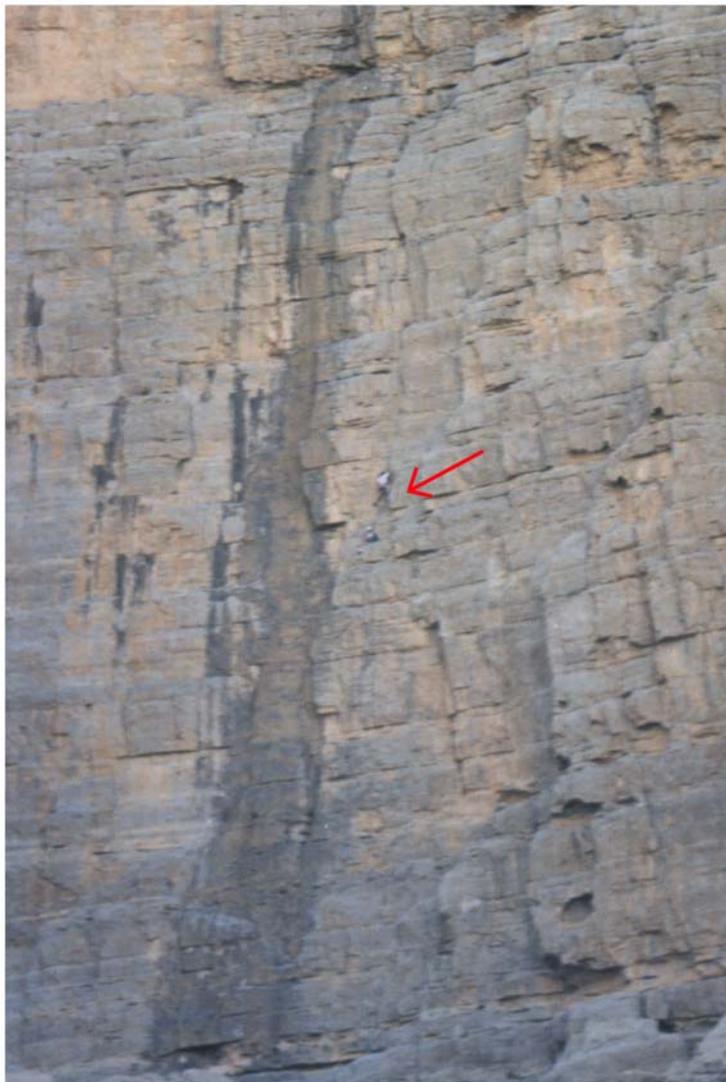


1 The Obvious Corner  
(hidden from this angle)

2 Cascade Direct  
3 First Approach

4 Beast of Burden

## CASCADE DIRECT



Andy Chubb and Bill Wheeler at the start of pitch 2

To the right of First Approach, a broad rib separates Cascade Circus from the Second Cascade area. Beast of Burden takes a corner to the left of the rib, before moving right to gain the crest of the rib in its upper reaches.

**\*BEAST OF BURDEN 280m TD** T Nonis, G Hornby 1999 Oct 30th

- 1 30m V Climb the overhanging bulges to gain the easy crack line leading up to a platform.
- 2 50m VI Move diagonally up and right to climb the wall right of the left arete. Thin moves with widely spaced protection.
- 3 25m IV Move back on to the front face of the pillar and up to belay in the wide crack.
- 4 35m V+ Climb the wide crack to below the square block roof. Hand traverse right under the roof to belay.
- 5 25m IV+ Climb the wide chimney above.
- 6, 7, 8 55m, 30m, 30m, III, IV, III Easier climbing leads to the top ( 3 pitches)

## SECOND CASCADE SOUTH WALL

Lies directly above and behind War Zone. Approach via the gully to the right of War Zone. Towards the back of the cascade are some obvious black water streaks. Scramble up to a ledge below the point where the wall steepens.

**DRY AS A BONE 205m VS** J Gregory, D McEnery 2001 Feb 9th

- Follows the main corner line in the back of the bay
- 1 60m Climb to the left of the streaks, and continue up a crack line to a tree.
  - 2 30m Continue more easily to the bottom of a steep crack.
  - 3 30m 4c Climb the steep crack on good rock to belay below a block overhang.
  - 4 55m 4b Climb up and over the overhang and continue to a stance below another overhang.
  - 5 30m Pass the overhang on the right and continue more easily to the top.

**CHAPATTI CRACK 200m VS** J Gregory, D McEnery 2001 Feb 16th

Starts to the left of the previous route and follows an obvious crack line (not visible from the wadi floor).

- 1 50m Climb easily to gain the crack. After 30m move L to another crack to a ledge and belay.
- 2 30m Continue up the main crack line to a jumble of rocks.
- 3 50m Continue to a stance below an overhang
- 4 50m 4a Follow a wide crack around bulges to a small stance under an overhang.
- 5 40m 4b Climb through the wide crack above and continue easily to the top.

**CENTRAL CRACK 240m TD -** A Fabre B Wheeler 1998 Oct

The route follows a thin crack line in the central part of the left wall the first 3 pitches (IV, V) up to a ledge. From there follow the corner system to the top. (joins the upper part of the previous route.)

Descent -- A long way !! -- Contour leftwards above the Second and First Cascades until a long but easy gully system leads back into the wadi more or less opposite the right hand end of Teatime Crag. There are other gullies, but all end in big drops, requiring at least 2 long abseils.

## SECOND CASCADE



1 Beast of Burden

2 Chapatti Crack

3 Dry as a Bone

## TEATIME CRAG

Virtually opposite the left hand end of Cascade Circus, a long low cliff of generally clean rock rises directly from the gravel of the wadi floor. It enjoys shade in the afternoon, gives some good single pitch routes generally in the lower grades, and offers fine low level traversing possibilities.

Descents generally involve a long scramble rightwards or leftwards along vague and unstable goat paths, to gain easy gullies at either end of the cliff. Take care when traversing the hillside above the cliff not to dislodge debris onto your 4wd which you have conveniently parked in the shade close to the rocks.

There is a fixed abseil point (2 pegs) at the belay ledge at the top of **Think Floyd** and another at the top of the obvious water-wash **Karaoke Night** in the centre of the crag.

A steep slab near the extreme left hand end would seem to offer a line for another fixed abseil point. Just to the left of this a water-washed gully offers a descent route, which involves some short steep and exposed sections of down-climbing at about Difficult standard.

Near to the left hand end of the crag, is a deep chimney, containing a chockstone (**Tea For One**). This also offers a descent from a number of routes, but the top section is not above suspicion, and is not too easy to locate from above.

The first route is located some 25 metres to the left of the deep chimney.

**MAD NUTTER 45m Severe ( Hard) 4a** G Rech, Darren? 2004

Climb a left facing corner to a ledge (possible belay). Continue up the same line to the top. The route gets its name from the problems the second had in removing a particularly stubborn piece of protection from the first ledge.

Twenty metres to the left of the chimney, is a steep inset slab of rock, with a corner crack at its left hand side.

**THE WOODPECKER SONG 48m VS ( mild) 4b** T Richards, A Stark 1998 May 15th

A varied climb with good protection and some awkward moves.

Climb the corner crack, which contains some doubtful flakes. An awkward exit leads to a sloping shelf. Move carefully rightwards and climb the "three step" chimney corner to a good ledge and belays below the top of the crag.

Var P1 HVS 4c

FA G Rech 2004

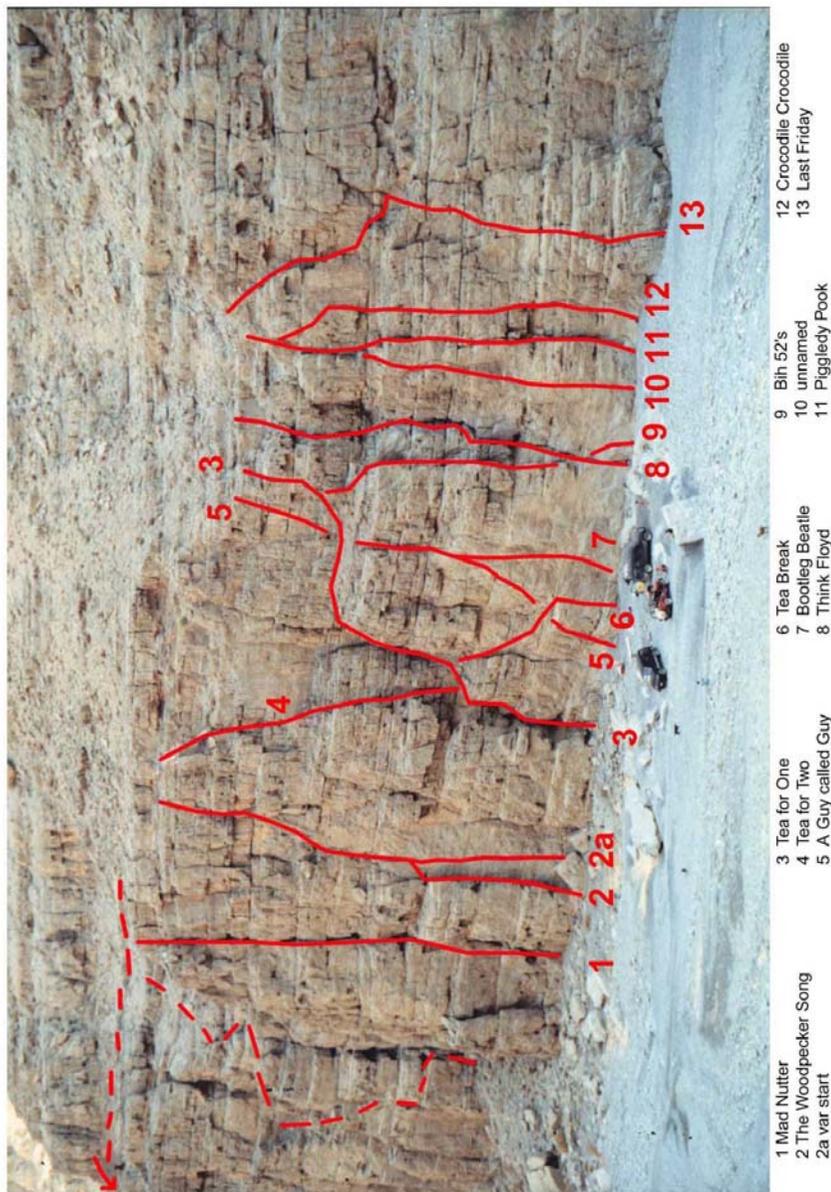
Climb the steep slab directly to join the previous route. Bold, with virtually no protection.

**TEA FOR ONE 50m Mod**

A Stark 1998 Nov 16th

Climb the deep chimney passing behind the chockstone to gain a ledge. Continue up the right hand chimney until stopped by a loose overhang. Move easily right to the front of the buttress and climb upwards to the top, stepping right to finish. Can be used as a descent route, although the top is difficult to find.

**TEATIME CRAG -- LEFT**



**A GUY CALLED GEE 50m Sev**

G Hustinx, B Wheeler 1999 June

10 metres right of the chimney is a block pedestal. Climb the left side of pedestal, and move up and right on some very suspect rock, passing a small green bush, to join Bootleg Beatle below the mantelshelf. Cross the terrace and climb the broken face above.

**TEA BREAK 15m Sev**

M Ashton 2000 Mar 24th

A pleasant solo -- the difficulties are in the bottom 5 metres. Climb the front of the pedestal, and move leftwards up the slab to join Tea for One.

6 metres right of Tea for One is a smooth wall containing a thin flake crack

**\*BOOTLEG BEATLE 35m E1 5b**

G Peel, A Stark 1999 Feb 26th

A good climb, steep and delicate. Protection is mainly from micro wires hence the 2 peg runners, where wires and rock were suspect!!

Climb the steep wall to gain the thin flake crack. Peg runner. Climb the flake crack passing another peg, until a delicate move can be made up and left to gain a good foot ledge. Climb up more easily, and traverse right to an awkward mantelshelf finish. Belay.

The water-washed crack and chimney system to the right gives two single pitch routes on superb rock.

**\*BIH 52'S 35m V.Diff**

Sarah Davidson, A Stark 2000 March

Start to the right of the crack and climb the slab trending leftwards to gain the left hand chimney line. Climb this directly, exiting left to the ledge above Bootleg Beatle. Descend down Tea For One.

**\*THINK FLOYD 40m Sev (mild)**

A Stark, Jim ? 1998 May 8th

Climb the crack system directly, taking the steep right hand exit at two thirds height. Excellent protection is generally only found after each of the steeper sections. Belay on a good ledge just below the top of the crag.

The blunt rib 3m to the right of Think Floyd has been climbed by G Rech and party.

6m right of Think Floyd is a corner, leading to a block overhang.

**PIGGLEDY POOK 40m Sev (hard)**

T Richards, A Stark 1999 April 16th

Climb the corner to the overhang. Pull over this with care, and continue more easily up the cracked face above. A good pitch with a short well protected crux.

5m to the right is a thin crack, leading to a wider crack above.

**\*CROCODILE CROCODILE 50m V Diff**

A Stark, B Wheeler (2 old crocks !!) 1999 Nov 19th

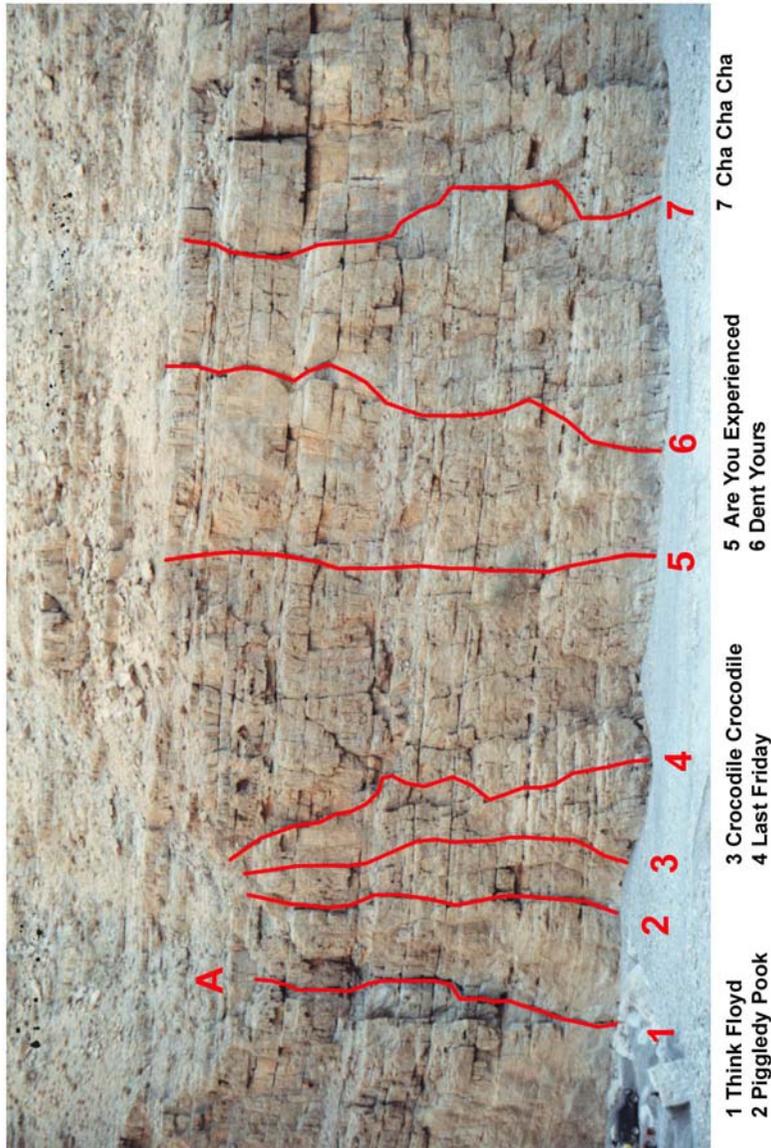
A pleasantly exposed but well protected route on good rock.

1 35m Climb the thin crack, and move up and right, passing a block, until a step can be made back left to the crack. Up this, and step right onto the face of the buttress. Move up, and step back left above the overhang. Continue upwards to a good ledge and belays.

2 20m Move right along the ledge, and climb the deep chimney, which is awkward to start.

Further right, an easier angled buttress juts out from the base of the cliff.

TEATIME CRAG - CENTRE



**LAST FRIDAY 50m Diff**

A. Stark, H Stark 1998 May 1st

The first pitch is of increasing interest, but contains some loose rock

- 1 35m Climb the blunt buttress to below a flake crack. Up this to a ledge and climb the cracked wall above. Move up to a good ledge and belay at the foot of a steep crack.
- 2 15m The original way. Walk left for 6 metres and climb the deep clean chimney to the top.

The direct finish up the steep crack above the belay of pitch 1 still awaits an ascent, but will be out of character with the rest of the route

Further right a prominent tree grows from the face. To the right of this is a shallow corner.

**ARE YOU EXPERIENCED 50m Sev**

A Stark, Jim? 1998 May 8th

An exposed route, containing some loose rock. The worst has been removed.

- 1 35m Climb the shallow corner to the ledge at the right of the tree, until a move can be made up the slab to a steep flake crack. Climb the flake, and move up with care until a move can be made round a nose to the right. Continue up the crack until a move right leads to below a steep corner crack. Move delicately further right to belay on a good ledge.

- 2 15m Move back left, and climb the steep crack with difficulty, until an awkward exit can be made onto mixed ground at the top. Belay well back.

10 m to the right, a thin crack leads to a hanging flake, below an obvious very steep flake crack near the top of the crag.

**\*DENT YOURS 55m VS**

A Stark, B Wheeler 1999 Aug 27th

Continuously interesting. The first pitch contains some pleasant and delicate moves, whilst the upper pitch contains some bold layback moves up an excellent flake. Very large Friends and Hexes needed to protect the upper crack.

- 1 40m 4a Climb the thin crack, ascend the face above and make an awkward move to gain a broad ledge below a hanging flake. The wall to the right of the flake is covered with a veneer of crumbly material, which deters a direct ascent of the flake crack. Move right, and climb delicately rightwards to the top of another hanging flake. Pull up to the small ledge, and move back left to a corner. Move up to belay at the foot of a very steep flake crack.

- 2 15m 4c Move up into the crack with difficulty, and gain the security of footholds on the right wall by a bold layback. Continue upwards until an awkward pull can be made to easier angled ground. Good belays are difficult to find at the top.

To the right are a series of overhangs, which offer scope for some much harder routes.

Further right is an area of less steep grooves.

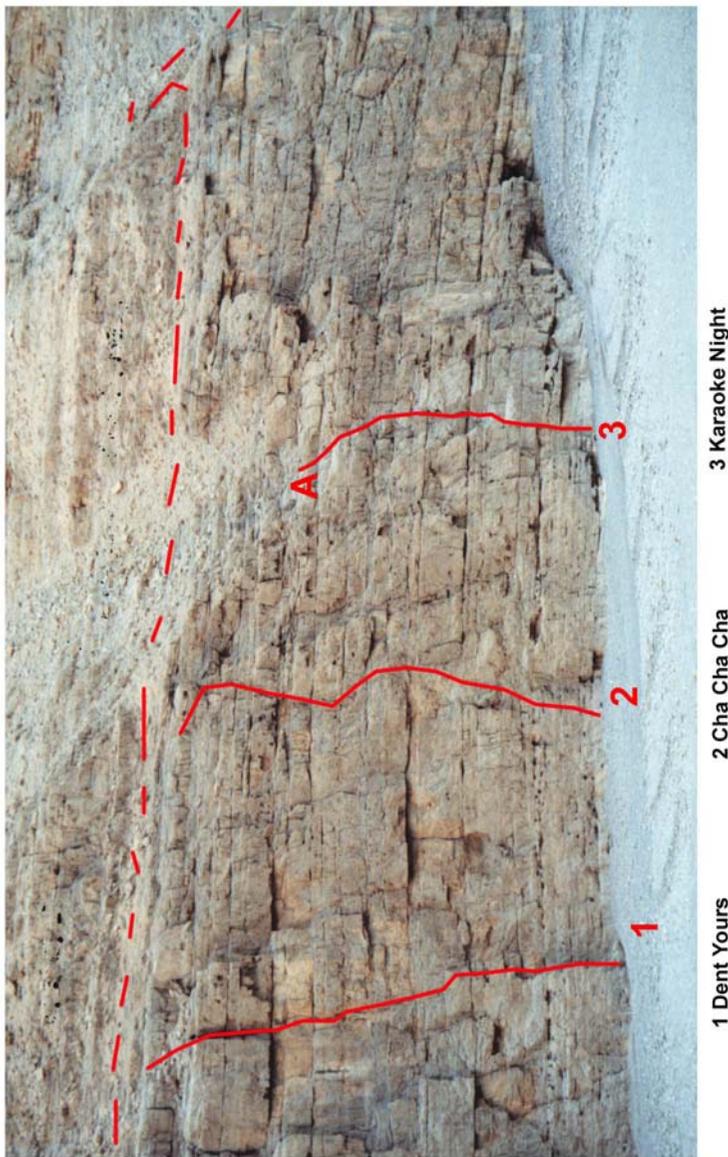
**\*CHA CHA CHA 48m VS(Mild)**

A Chubb, A Stark 1999 June 11th

- 1 40m 4a Start below the first groove, and gain this easily. Continue upwards, and move left to the prominent groove, passing some large detached blocks. Climb the groove with increasing difficulty with an awkward mantelshelf to gain a ledge. Belay advised due to rope drag.

- 2 8m 4b Gain the overhanging crack with difficulty, and move up strenuously to a good ledge

TEATIME CRAG - RIGHT



To the right is a series of flake cracks.

**A PAIR O' TEETH 45m Sev ( mild)**

B Wheeler, A Stark 1999 Aug 27th

Follow the flake crack system to the top of the crag. The central section requires care.

About two thirds of the way to the right end of the cliff is an obvious clean water washed line.

**KARAKOKE NIGHT 30m Sev ( mild).**

A Stark (solo with backrope) 1999 May 21st

Start below an overhang and gain the steep crack, which is climbed to a polished ledge. Continue upwards, more easily, passing a couple of large flakes to a good belay.

An Abseil Peg is in place, as this saves a tedious walk along unstable goat paths beyond the far right hand end of the crag.

The far right hand end of the crag is as yet undeveloped, but appears to contain few attractive lines on continuously sound rock.

Above Teatime Crag is a much larger but well broken cliff, which to date has received one exploratory attempt that was curtailed by the approach of darkness. A couple of abandoned nuts and slings mark the high point. There appears to be much scope for new routes in the middle grades, but care is advised if climbers are on Teatime Crag, who may not escape anything dislodged from above.

**HOSPITAL WALL**

The crag is situated just beyond Teatime crag, on the same side of the wadi, around 9.2 kilometers from the border post. There are only two climbs so far but there is scope for more multipitch routes to the top of the wall.

**CAMELOT\*\*\* 55m E1 5b**

I.Gregory, J.Gregory April 2003

The obvious corner topped by an overhang on the left-hand end of the wall. Good climbing up the corner crack. Move left under the overhang at the top, crux.

**SCAPULA CRACK 60m HVS 4a,5a,4c.**

J.Gregory, G Boni, January 2003

The crack line to the right of Camelot

1. 15m. Climb the crack to a ledge.
2. 30m. Follow the same line over an awkward bulge at the top to small ledge.
3. 15m. Climb a shallow groove to a crack, move right below a small roof and up to a ledge.

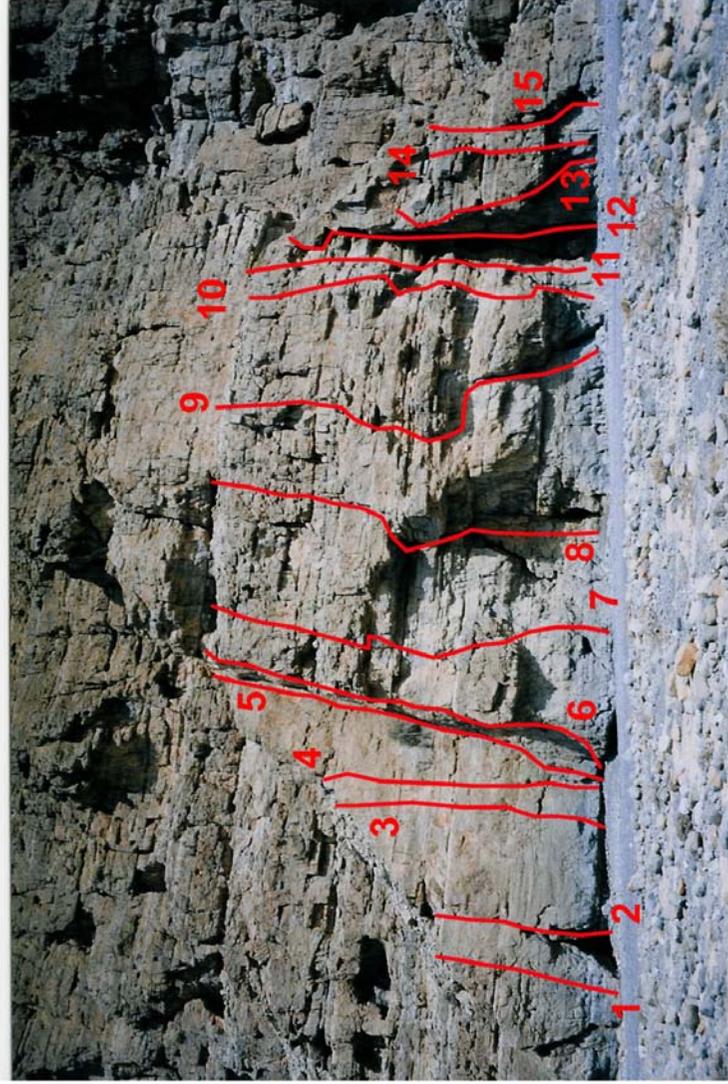
Descent for both routes is by scrambling down to the left.

## HOSPITAL WALL



1 Camelot 2 Scapula Crack

## MIDDLE EARTH



1 Ring Wraith 4 Gladden Wall 7 Glamdring 10 Power of the Ring 13 Frodos Crack  
 2 Helms Deep 5 Crack of Doom 8 Ringmaker 11 Gollums Revenge 14 Maggot the Faggot  
 3 Middle Men 6 Bard the Bowman 9 Orcs of the Eye 12 Gollums Cave 15 Bag End

## MIDDLE EARTH

Middle Earth is situated 9.4 kilometres from the army post on the left-hand side of the wadi. It can be accessed along the wadi bed from the left or the right. This is a good crag for afternoon climbing. It is relatively short but has produced some excellent routes. There are some anchor chains in place and the idea is to place more to make the crag available for top roping and a fun venue. Most of the lines have been led but some only top roped due to a lack of protection. The climbs are described from left to right. There are easy descents down both ends of the crag. Gordon Rech was responsible for the initial development of this crag.

On the left-hand end is a shallow cave. The first route starts three metres to the left.

### **RING WRAITH 10m HVS 5a. (Not Lead)**

Climb the wall to the left of the cave (Chain at the top).

### **HELMS DEEP\* 10m Vs 4c** Gordon Rech April 2003

Climb the crack above the cave.  
To the right is a blank wall:

**GLADDEN FIELDS 16m E2 6a** Pete Aldwinckle solo May 05  
Climb the centre of the wall on thin holds until the break at mid height. Easier climbing above. A good spotter and mat are recommended.

To the right is a blank wall with two lines up the wall just before the corner crack.

### **MIDDLE MEN\* 17m HVS 5b (not lead)**

Some eight metres right of the cave there is a small roof about two metres off the ground. Climb past this and continue in the same line.

### **GLADDEN WALL 17m HVS 5b (not lead)**

Start in the corner and move onto the left wall after a couple of metres and continue in the same line up the wall above.

### **CRACK OF DOOM 23m S** J.Gregory, D.McEnery April 2003

Climb the corner crack direct.

### **BARD THE BOWMAN\* 23m VS 4c** J.Gregory, S.Frost. April 2003

The arête to the right of the corner. Start to the left of the arête and move up rightwards to a thin crack then back left into another crack. Climb this to a ledge, then over a bulge to a belay.

### **GLAMDRING\*\*\* 23m E2 5c** I.Gregory, J.Gregory July 2003

Start about six metres around to the right of arête. Climb up to the right of an overhang over a bulge to a ledge. Climb up to the next overhang using the flake on the right. Move back leftwards with difficulty into the main crack line and up strenuously over the final bulge.

### **RING MAKER 23m HVS 5b** J.Gregory, M.Fohlen June 2003

The next obvious corner crack with a large overhang. Climb the crack moving leftwards up to the overhang. Move right to a ledge and up easily to the top.

### **ORCS OF THE EYE\*\* 23m E2 5c.** I.Gregory, J.Gregory August 2003.

About ten metres to the left of an obvious chimney is a short steep crack which rises to the left. Climb the crack, strenuous, to a break below a roof. Move three metres left and then up and over a bulge, strenuous. Continue in the same line to the top.

### **POWER OF THE RING \*\* 23m E3 5c** I.Gregory, J.Gregory August 2003

Just to the right again is an overhang. Start on the right-hand side of this and then move back left over the bulge (a bouldering type start). Continue boldly in the same line over a strenuous bulge and then a wide crack.

### **GOLLUM'S REVENGE (NOT LEAD) 23m 6a**

Just to the left of the chimney is a short crack which leads to a bulge. Climb the crack and continue over a series of bulges to the top. (Chain at the top)

### **GOLLUM'S CAVE\* 23m VS 4b** G.Rech, W. Kingna

Climb the chimney past a large block. Move left just below the top onto a flake and up to the belay. (chain at the top).

### **FRODO'S CRACK 15m HVS 5a.** J.Gregory, D.McEnery. May 2003

The overhanging crack at the right of the chimney. Climb the initial crack moving leftwards under the overhang and continue up the steep crack above.

### **MAGGOT THE FAGGOT\* 10m E1 5b** I.Gregory, J.Gregory. August 2003

Just left of the final crack is a short smooth wall with a roof. Climb the wall and then pull over the roof on pockets, strenuous, and up more easily to the ledge.

### **BAG END 10m HVS 5a.** J.Gregory, D.McEnery May 2003.

A short steep crack that is harder than it looks.

## STAPLE DIET

The crag is situated 9.4 kilometers from the army post on the right-hand side just before 90m Crag and a short walk above the road. The routes are described from left to right. Descent from most routes is down the obvious scree slope to the left. At the base of the crag in the centre is a recess with a hanging bush. The crag was overlooked for a long time but has produced some excellent climbs.

**MURDER SHE WROPE** 80 m HVS 4a,4a,5a,4c I.Gregory, P.Lowe-Werrell Oct 2002

Towards the left-hand end of the crag is a bush some ten metres from the ground. The route starts up the crack to the right.

1. 20m. Climb the crack to belay.
2. 20m. Continue in the same line to belay at a bush.
3. 20m. Climb the corner above moving leftwards towards the top and belay in a niche.
4. 20m. Climb out of the niche and continue in the same line up a series of cracks and over a slight overhang to the top.

**THREE GALS AND A GUY** 70m VS 4c,4a,4c,4b.  
J.Gregory, D.McEnery, G Boni, V. Maincent December 2002.

Start on a ledge to the left of the central recess.

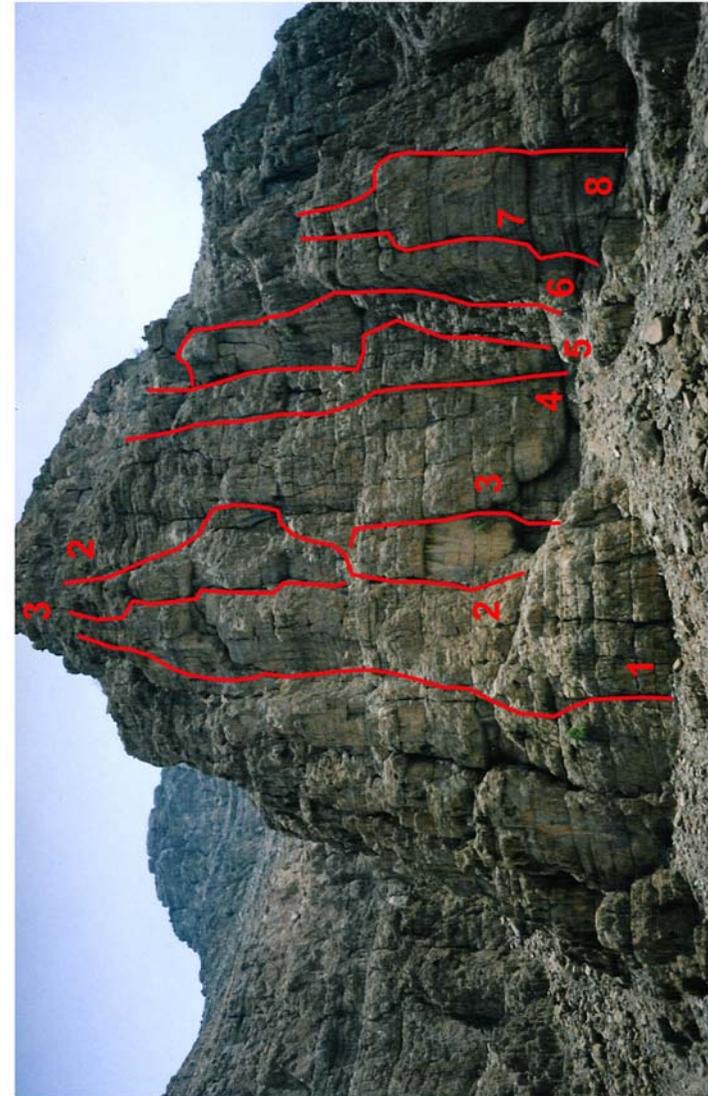
1. 20m. Climb the crack up a wall and then over an overhang to a good ledge above.
2. 15m Climb up to the right of the overhang above and belay below two crack lines.
3. 15m. Climb the right-hand crack line to a large ledge.
4. 20m. Continue up the crack line to the left past vegetation then more easily to the top.

**\*\*\*SHAKING THE TREE** 75m E1 5b, 4a, 5a.  
I.Gregory, J.Gregory, D.McEnery. A.Hayes. November 2002

The crack line above the recess.

1. 20m Climb the overhanging crack past the bush, up a corner above and then over a bulge and up to a good ledge.
2. 25m. From the stance walk left along the ledge to a crack. Climb this to an overhang, move left and up another crack to a stance on the left below an roof.
3. 30m. Climb the overhanging crack and follow this for a few metres before moving left and straight up to the top.

## STAPLE DIET



- 1 Murder She Wrope
- 2 Three Gals and a Guy
- 3 Shaking the Tree
- 4 Hornblower
- 5 Three's Company
- 6 The Dark of the Moon
- 7 Jambuster
- 8 Freedom of Choice

**HORNBLOWER\*\*\* 65m E1 5b,4c,5b.**

I.Gregory, J.Gregory October 2002

The crack line 10 metres right of the recess.

1. 25m. After an awkward start the crack is followed direct to a good ledge.
2. 20m. Gain a steep awkward crack and climb this to belay below the final overhangs.
3. 20m. Climb the steep crack up to two prominent horns that stick out horizontally. Climb onto these and up over the hooded overhang, exciting!

**THREE'S COMPANY\***

60m VS -,4c, 4a. A.Lowe Werrell, P.Lowe Werrell, I.Gregory

1. 35m Climb the left-hand of two cracks and move left onto the ledge at the top and belay at a short crack in the wall.
2. 15m. Climb the short crack and then up a steep corner crack.
2. 25m Continue up the crack line moving left at the overhang and continue in the same line to the top. From the last belay finish up an easy gully.

**THE DARK OF THE MOON\*\* 75m E2 4b,5c,4b.** I.Gregory, J.Gregory. A.Chubb August 2003

Start up a crack line just to the right of Three's Company.

- 1 35m Climb the crack for 15 metres and continue straight up to a ledge and belay at loose looking blocks.
2. 15m Climb over the blocks and up to a steep corner crack to a large ledge.
3. 25m. Above the ledge are two cracks. Climb the narrower right-hand one leading to the right of the large block overhang. Continue above making a move out left around the next overhang and up to a belay at blocks. Finish by walking around the ledge and then climbing up an easy gully.

On the buttress to the right are two crack lines, the first of which is

**JAMBUSTER\***

**40m E1 5b**

I.Gregory, J.Gregory February 2003

The left-hand of the two cracks. Climb to the horizontal moving rightwards into the continuation of the crack which is steep and hard to start. This is followed to the ledge and belay.

**FREEDOM OF CHOICE\***

**45m HVS 5b** J.Gregory, S.Frost, A.Hayes August 2003

Start at the tree. Climb the corner to a ledge on the right and continue up the steep crack above to another ledge. Continue up a short corner crack to a ledge on the left and then straight up the wall to the top. Alternatively continue up rightwards.